

LIVING WITH AND BEYOND CANCER SURVIVORSHIP

Chair :- Dr Alastair Smith

*Consultant Haematologist,
Southampton General Hospital,
National Clinical Lead, Cancer
Survivorship, NHS Improvement*



National Cancer Survivorship Initiative



The cancer “story” has changed..

- **Use the word & more honest with patients –**
 - **Improved & new chemotherapy**
 - **Better side effect management**
 - **Better radiation therapy**
 - **Speedier access to diagnosis**
 - **Increased specialist expertise**
 - **Palliative Care services & support**
 - **Improved survival duration**

BUT.....

Weak Public & “Purchaser” Understanding

“CURED” of cancer done in secondary care - i.e. “the hospital”

The cancer “victim”

**“DYING” of cancer
Palliative care = terminal care**

Don’t really understand “living with cancer”

2 million cancer survivors living with and beyond cancer in UK

Prevalence increases by 3.2% p.a.

4 million in 20 years



N.C.S.I. Vision

- a **cultural shift** in the approach to care and support - a greater focus on recovery, health and well-being
- a shift towards **holistic assessment, information provision** and personalised care planning.
- a shift towards **support for self-management**, supported by the appropriate clinical assessment, support and treatment.
- a shift to **tailored support** for consequences of treatment, signs and symptoms of further disease and for those with advanced disease.
- a shift to a new emphasis on measuring experience and outcomes



SURVIVORSHIP & PALLIATIVE CARE -

metastatic lung cancer trial - Temel et al NEJM, 2010

<i>“Standard Oncology Care”</i>	<i><u>8.9</u> months</i>
<i>“Standard Oncology Care” + Palliative Care Introduction</i>	<i><u>11.6</u> months</i>

- ***Better PROM data in Palliative Care group – improved depression scores etc***
- ***“Aggressive EOL CARE” in 30/56 Standard group & 16/49 in Palliative Care group***
- ***Resuscitation preferences recorded in 28% standard care group and 53% Palliative care group***

OBJECTIVES OF THE DAY

- *Focus on survivorship – living with & beyond cancer diagnosis and treatment*
- *Understand the cancer “story” - not all about new drugs*
 - *Consider patients’ experience and perspective*
 - *The NCSI – some of the learning so far*
 - ***Back to health and normality***
 - ***Communication & partnership***
 - ***Changing the culture***
 - ***Enjoy the day & learn from each other***
 - ***Be ambassadors & advocates for change***

A challenging environment

*“...but the evidence strongly suggests that price competition in healthcare only works if you’re buying stuff (curtains, beds, machines that go ping) rather than services. **Treatment is now so complex, from home to general practice to hospital that collaboration rather than competition is far more likely to improve the NHS.** Different bits of the service working in silos, not communicating and obsessed with protecting their pot of money gives you a crap, disjointed service.”*

Medicine Balls, M.D.

Private Eye

1284, 18-31 MARCH 2011

OBJECTIVES OF THE DAY

- *Focus on survivorship – living with & beyond cancer diagnosis and treatment*
- *Understand the cancer “story” - not all about new drugs*
 - *Consider patients’ experience and perspective*
 - *The NCSI – some of the learning so far*
 - ***Back to health and normality***
 - ***Communication & partnership***
 - ***Changing the culture***
 - ***Enjoy the day & learn from each other***
 - ***Be ambassadors & advocates for change***