



A new service run by the National Hospital for Neurology and Neurosurgery (NHNN) to support people in work with brain tumours.

Partnerships

Working with University College Hospitals NHS Foundation Trust and various community teams in the London area within the Cancer network.

Services to be offered

This pilot project aims to support patients with brain and spinal tumours in their working lives. This may include supporting people in their current work, helping them change role or supporting them when they decide to stop paid work. The service will be running from May 2010 and it is anticipated that if the pilot is successful this will become an established service.

Key features

The service is based on an existing model of vocational rehabilitation for people with Multiple Sclerosis developed at NHNN. This pilot will use expertise from this field, whilst looking at the unique requirements of patients with brain tumours.

The service is open to all patients over the age of 18 with a diagnosis of primary or metastatic brain or spinal tumour, who identify work as an area of concern. For practical purposes the geographical catchment area will be limited to the greater London area although referrals will be considered on a case by case basis.

A dedicated team comprising of Occupational Therapy and Neuropsychology will lead the service. Support will be provided by the wider NHNN rehabilitation team.

Assessment and interventions will be provided on an outpatient or inpatient basis, and consider cognition, mood and functional abilities in relation to work.

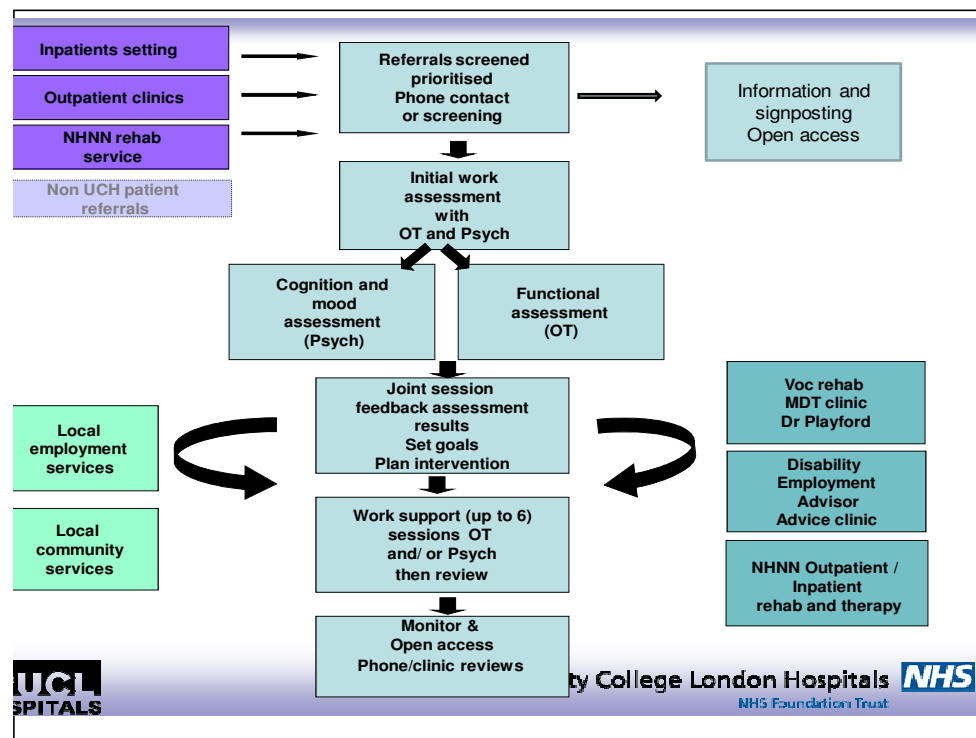
Work specific interventions may include facilitating graded return to work, implementation of strategies and symptom management. Work site visits and working with employers will be undertaken with permission and where appropriate.

Pilot contacts

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Proposed intervention model



Proposed model

Levels	Service provided	By whom
Level 4 Specialist rehabilitation	<ul style="list-style-type: none"> Assessment and one to one input MDT vocational rehab programme with specific work goals, graded return to work etc Work site visits Working with employers Work with existing local services MDT Voc Rehab clinic for advice and guidance Inpatient rehabilitation programme with work and pre work goals such as physical stamina, self care, communication Inpatient /outpatient therapy input as needed 	<ul style="list-style-type: none"> Brain tumour voc rehab team (BTVR) Occupational therapist and Psychologist Consultant and lead therapists in Voc rehab NHNN Inpatient neurorehab unit NHNN Outpatient therapy team as required (speech and language therapy, physiotherapy)
Level 3 Self management programme	<ul style="list-style-type: none"> Patient education group programme Supporting individuals to manage symptoms such as fatigue, anxiety Macmillan counselling support Symptom management sessions 	<ul style="list-style-type: none"> NHNN Psychology and CNS NHNN CBT or outpatient therapy Local teams UCH Cancer day services
Level 2 Signposting , help lines and face to face	<ul style="list-style-type: none"> One off session with BTVR service BTVR service Drop in clinic alongside existing Dr Rees weekly clinic (Other clinics and day services to be explored) Offer open access to BTVR service for review Referral to local services for relevant input Sources of legal advice Benefits advice Specific advice on key aspects including Disability discrimination Act (2005) and reasonable adjustments, 	<ul style="list-style-type: none"> BTVR service and CNS Disability employment advisor NHNN clinic Macmillan information officer Other therapists
Level 1 Early information and support	<ul style="list-style-type: none"> Provision of Macmillan work leaflet, website and toolkit including Employment services Information Disability discrimination Act (2005) and reasonable adjustments Information about BTVR service and leaflet for patient Introductory letter to employers provided via patient Posters in clinics and day services 	<ul style="list-style-type: none"> BTVR service to support through Clinical nurse specialists Consultants and existing therapy team Macmillan information officer BTVR OT available by mobile for advice from clinic for responsive service