

Kindly reproduced and adapted from the GSF Toolkit (2004)

	CONSIDER	RESOURCES	REFER ON IF APPROPRIATE
P Physical	<ul style="list-style-type: none"> • Symptom Control and use of tools • Medication – Regular/PRN • Compliance/stopping non essential treatments • Treatment/medication side effects • Alternative therapy referral 	<p><u>Cue questions</u></p> <ul style="list-style-type: none"> • Elicit a <u>description</u> of problem • Ascertain the <u>effect</u> • History of <u>management</u> • Ask patient if treatment is helping • Has a pain chart been commenced • Is a medication summary available? Is it updated? 	<ul style="list-style-type: none"> • Specialist clinician • Pharmacist • Accredited therapist
E Emotional	<ul style="list-style-type: none"> • Understanding expectations of patient • Low mood, fears, anxieties, strengths • Coping mechanisms and interests • Altered body image • Relationships with others 	<p><u>Cue questions:</u></p> <p>Is anything worrying you? During the last month have you lost interest in things you usually enjoyed? How do you normally cope in stressful situations?</p> <ul style="list-style-type: none"> • Consider NICE – psychological levels of intervention and refer on appropriately • Recommendation: level 2 practitioners to use the approved distress thermometer tool Have psychological/quality of life/genogram assessment tools been completed? 	<ul style="list-style-type: none"> • Follow the MVCN psychological competency pathway. • Refer on to identified level 2, 3, 4 practitioners if necessary through local psychology care service directory available on the MVCN website www.mvcnprof.nhs.uk
P Personal	<ul style="list-style-type: none"> • Patient/family's cultural background/ethnic group • Needs related to spiritual wellbeing, ie: support structures, space to reflect/pray/quiet time • Patient's concerns/desires future and present • Worries and challenges • Religious items 	<p><u>Cue questions (adapted from Peter Speck, questions 2005)</u></p> <p>How do you make sense of what is happening to you? What sources of strength do you look to when life is difficult? Would you find it helpful to talk to someone who could help you explore the issues of spirituality/faith?</p> <ul style="list-style-type: none"> • Awareness of Marie Curie spirituality competency framework MVCN Spirituality referral pathway 	<ul style="list-style-type: none"> • Contact local spirituality lead/point of contact for spirituality service directory www.mvcnprof.nhs.uk - Acute trust/hospice chaplains - Local hospital switchboard (24 hour availability) - Palliative out of hours advice line - Cancer patient information centre
S Social Support	<ul style="list-style-type: none"> • Welfare rights screening assessment • Care for carers • Practical/family support • Occupational/financial welfare support services • Social & recreational activities 	<p><u>Cue questions</u></p> <ul style="list-style-type: none"> • How are things in relation to: Managing at home etc, work and finance, family and close relationships, social and recreation 	<ul style="list-style-type: none"> • Social services • Local welfare rights advisor via local cancer patient information centres • Citizens Advice Bureau • Macmillan welfare advice line • MVCN website www.mvcnprof.nhs.uk

I Information Communic- ation	<ul style="list-style-type: none"> • Identify the key team as per MVCN MDT policy • Liaison with MDT/PHCT or receiving health care worker • Appropriate patient information leaflets 	<ul style="list-style-type: none"> • Have the key-worker/team details been informed to the patient and recorded in the patient held records? • Has a transfer of care form been completed? • Has the patient been informed of relevant information that is appropriate at this stage? • Has the patient been informed of the user/carer support groups? 	<ul style="list-style-type: none"> • Cancer patient information centres/co-coordinators • MVCN website www.mvcnprof.nhs.uk • Patient information prescriptions
C Control	<ul style="list-style-type: none"> • Discussion around patient choice • Patient dignity • Treatment options/plans discussed • Preferred place of care documented • Advanced care planning 	<ul style="list-style-type: none"> • Consent form completed • Preferred place of care or advanced care planning tools used 	<ul style="list-style-type: none"> • Communication to PHCT and entered on GSF register if appropriate
O Out of Hours	<ul style="list-style-type: none"> • Communication to out of hours service (OOH) • Access to drugs/equipment • Symptom alert cards • Ensure continuity of care 	<ul style="list-style-type: none"> • Has the patient been offered relevant symptom control alert card? • Are all emergency/out of hours numbers available to the patient/family? • Does the patient/family know what to do OOH? • Has a transfer of care form been forwarded to the OOH service? • Have the recommended anticipatory drugs been prescribed and dispensed? 	<ul style="list-style-type: none"> • Out of Hours Service • MVCN palliative care advice line centres • Liverpool Care Pathway symptom guidelines • MVCN website www.mvcnprof.nhs.uk
L Living with your illness	<ul style="list-style-type: none"> • Follow up care • Rehabilitation support • Patient/carer expectations • End of life care planning (if appropriate) • Liverpool Care Pathway • GSF register 	<ul style="list-style-type: none"> • Is the patient aware of the next steps? • Has the patient been informed of the rehabilitation support services available? • Has the patient had an opportunity to discuss their future/expectations? • Has the patient been considered to be registered on the GSF or LCP (if appropriate)? 	<ul style="list-style-type: none"> • Specialist allied health professionals • Intermediate care services • Palliative care teams • Local cancer information and support services • Self support programmes via the MVCN website www.mvcnprof.nhs.uk
A After Care	<ul style="list-style-type: none"> • Future support - family/patient • Discharge planning • Reassessment • Bereavement follow up 	<ul style="list-style-type: none"> • Has the patient/family relevant contact numbers? • Is the patient aware of how to re-establish contact? • Has a bereavement risk assessment been undertaken if appropriate? • Has the family been told of bereavement services available? 	<ul style="list-style-type: none"> • Bereavement trained support teams • Contact patient information centres for further information via the website www.mvcnprof.nhs.uk

For further information on any of the above, resources are available on the MVCN Website. www.mvcnprof.nhs.uk